



THE ESSENTIAL TOOL - LEVELS 1 and 2

The Essential Tool is a drawing of an 8 lying on its side (referred to as a Lazy8); introduced by Paul Dennison, founder of Brain Gym® in 1974, In Level One, students will learn what the 14 basic quadrants represent and how to identify where learning blocks / challenges occur in the subconscious areas of the body. In level Two we look at the five elements, the twelve meridians, a further 8 quadrants and their effect on learning in the classroom.



We will work with: the Physical, Emotional, Mental. Spiritual and Intellectual development and potential challenges that restrict progress; process and balance right and left hemispheres of the brain; learn why hydration and the motor cortex are so important for reading, writing and spelling, As the drawing of the Lazy8 is specifically used as an assessment tool, you will learn the correct way to construct the drawing using the correct writing tools to ensure correct interpretation. We will have practical sessions using Lazy8s from school pupils worldwide giving practice and guidance in being able to read / interpret issues indicated in the Lazy8s.

The Essential Tool will surprise you in a way you never thought possible. It uncovers the most important learning obstacles that students encounter every day in the school and home environments. Once identified, the obstacles can be addressed, enabling the student to achieve their maximum potential, allowing them to make better life choices.

PREREQUISITES:

Knowledge of the 26 Brain Gym® exercises

Payment of €335 for level one or €550 for both levels inclusive of both manuals

COURSE DATE AND LOCATION:

LEVEL 1: August 24th and 25th, Brezje/Radovljica, Slovenia

LEVEL 2: August 26th and 27th, Brezje/Radovljica, Slovenia

INSTRUCTOR:

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REGISTRATION:

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